GRADE 11 HOSPITALITY STUDIES 08 JUNE 2020

INSTRUCTION: Read textbook p2 The significance of South Africa's culinary cultural heritage

Unit 1 Provide food for different cultural needs

- 1.1 Halaal foods
- 1.2 Kosher foods
- 1.3 African foods
- 1.4 Food and indigenous ingredients in the South African Hospitality Industry

Work to complete: P6

Activity 1 Identify cultural groups and their traditional foods, question 1 to 5

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INSTRUCTION: Read textbook P7

- Unit 2: Cape Malay, Indian, African and other influences and indigenous ingredients
- 2.1 Influence of the early inhabitants
- 2.2 The Cape Malay influence
- 2.3 The Indian influence
- 2.4 Indigenous African influence

P10 textbook Activity 2 Write about mealie pap Questions 1 – 4

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INSTRUCTION: Read P11 Textbook

Afrikaner (boerekos) and Cape-Dutch cuisine

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INSTRUCTION: P13 Textbook Read Unit 3

European influence – The Dutch influence

-The French Huguenot influence

-The British influence

-The German influence

-The Irish influence

- 3.2 The Mediterranean and other modern culinary influences on South African cuisine
- -The Portuguese influence
- -The Greek influence
- -The Italian influence
- -Other modern influences

Work to complete: P16 Textbook Plan menus showcasing the European and Mediterranean influences Questions 1 - 5